



WELCOME TO SURGICARE

Important Patient Information

Please read this completely before the day of surgery!



Your Surgery Schedule

For _____ From _____
(Patient's Name) (Physician's Name)

Your surgery is scheduled for _____ at _____.
Date Time

Please arrive at the SurgiCare registration desk (second floor of Methodist) at _____.
Time



You will receive an automated phone reminder the evening before your surgery.

Your Pre-testing Schedule

Your pre-testing is scheduled for: Date _____ At _____ o'clock

Pre-Surgery Test Locations

- Methodist Outpatient Lab: Main hospital, 1st floor. M-F, 6 a.m.-3:30 p.m. & Sat., 8 a.m.-12 p.m.
- MDC (Methodist Diagnostic Center): 112 NE Crescent Avenue. M-F, 3:30 p.m.-5 p.m.
- Methodist North at Allen Road: 2338 W. Sud Parkway, Peoria. M-F, 6 a.m.-6 p.m. & Sat., 8 a.m.-12 p.m.

Do not eat or drink anything, except water, for 4 hours before your testing. You may take your medications as scheduled, except insulin if you are a diabetes patient. Please ask your doctor about the use of insulin on your testing day.



Your Health History



A Methodist SurgiCare nurse will call to give you instructions, update your health information and answer any questions you may have.



Please be ready to discuss:

- Your health and surgical history
- Your current medication list, including dosages
- Whether or not you have had any recent tests. If so, when and where.



You may also receive a separate call to review registration and insurance information.

Thank you for choosing Methodist.

INFORMATION FOR ADULT & MINOR PATIENTS (AGE 17 & UNDER) RECEIVING ANESTHESIA SERVICES

BEFORE YOUR SURGERY

- Arrange for an adult to drive you home after surgery and **remain with you through the first night after surgery**. The drugs and/or anesthesia you may receive will make it unsafe for you to drive a car, walk home, or use public transportation. If you are unable to make arrangements for a responsible adult to be with you, **your surgery will be cancelled**.
- **Do not eat or drink anything**, including water, gum or mints, for 8 hours prior to surgery, unless you are given different instructions by your surgeon or anesthesiologist.
- A SurgiCare nurse will discuss specific information about your medications with you before surgery. You may have **most** normal morning medications with a few sips of water unless otherwise instructed by your surgeon. **Do not** take any oral diabetic medications (pills) or insulin the morning of surgery.
- If you use insulin or inhalers, bring them with you to the medical center.
- Notify your surgeon if you are on Coumadin, aspirin, ibuprofen or blood-thinning products (including fish oil and vitamin E).
- No alcoholic beverages 24 hours prior to surgery.
- Do not smoke or chew tobacco 12 hours prior to surgery.
- If you use a C-pap machine and are being admitted after surgery, bring your C-pap machine with you.
- Please bathe or shower the night before or the morning of your surgery. **Do not** shave the surgical area.
- No jewelry, makeup or contact lenses should be worn the day of surgery. If you must wear contact lenses, please bring your container and solutions.
- As a rule, hearing aids, dentures (full or partial) and eyeglasses must be removed prior to surgery. They will be returned to you in the recovery area as soon as possible. Please bring your eyeglass and/or hearing aid case with you.

- Make sure you bring your insurance identification card both the day of testing and the day of surgery.
- **If you are the Legal Guardian or Power of Attorney** for the patient, you must bring the papers with you to the medical center.
- **If you have a Healthcare Power of Attorney or Living Will document**, but are still able to make decisions for yourself, please bring a copy of those papers with you for your medical record.

Please Note: If there is any change in your physical condition prior to surgery—such as a cold, fever, or infection—notify your surgeon immediately.

AFTER YOUR SURGERY

- Your family or responsible adult will be notified when your surgery has ended. The surgeon may meet with them in a private consultation room to explain the surgery and answer questions.
- You will remain in the recovery area until you are reasonably alert and your surgeon says you may go home.
- You may experience some discomfort. Our staff will do everything possible to make you comfortable after surgery.
- Your surgeon will give appropriate follow-up care instructions.
- **DO NOT** attempt to drive a motor vehicle, operate power tools, or drink alcoholic beverages for at least 24 hours after you receive anesthesia.
- If you have questions or problems, call your doctor or come to the Methodist Emergency Department.

GOING HOME

When it's time for you to go home, we will ask your driver to bring the car to our discharge area. You may be taken to the car in a wheelchair.

FAMILY AND FRIENDS

Our family waiting area has vending machines as well as complimentary coffee and tea. The surgical hostess in the waiting room will answer your family's questions and keep them informed of your progress. They may call the surgical hostess at 672-5959.



Children scheduled for outpatient surgery and their parents can attend the Pre-Surgery Children's Tour. Parents, please call (309) 672-4903 for more information.

DRIVING TO METHODIST:

East on I74:

- Take Exit 92B (Glen Oak Avenue exit)
- Turn right at light onto Glen Oak Avenue
- Turn right at the second stop sign onto Hamilton Blvd.
- Deck A is on the left; Hospital Entrance A and valet parking is on the right.

West on I74:

- Take Exit 92B (Glen Oak Avenue exit)
- Turn left at light onto Spalding Avenue
- Turn left at next light onto Glen Oak Avenue.
- Continue under interstate. Turn right at the second stop sign onto Hamilton Blvd.
- Deck A is on the left; Hospital Entrance A and valet parking is on the right.

1 PARKING – Free Parking is available in Deck A

Free Valet Parking is available 7 days a week at Entrance A. No tipping, please.

PRE-SURGERY TESTING

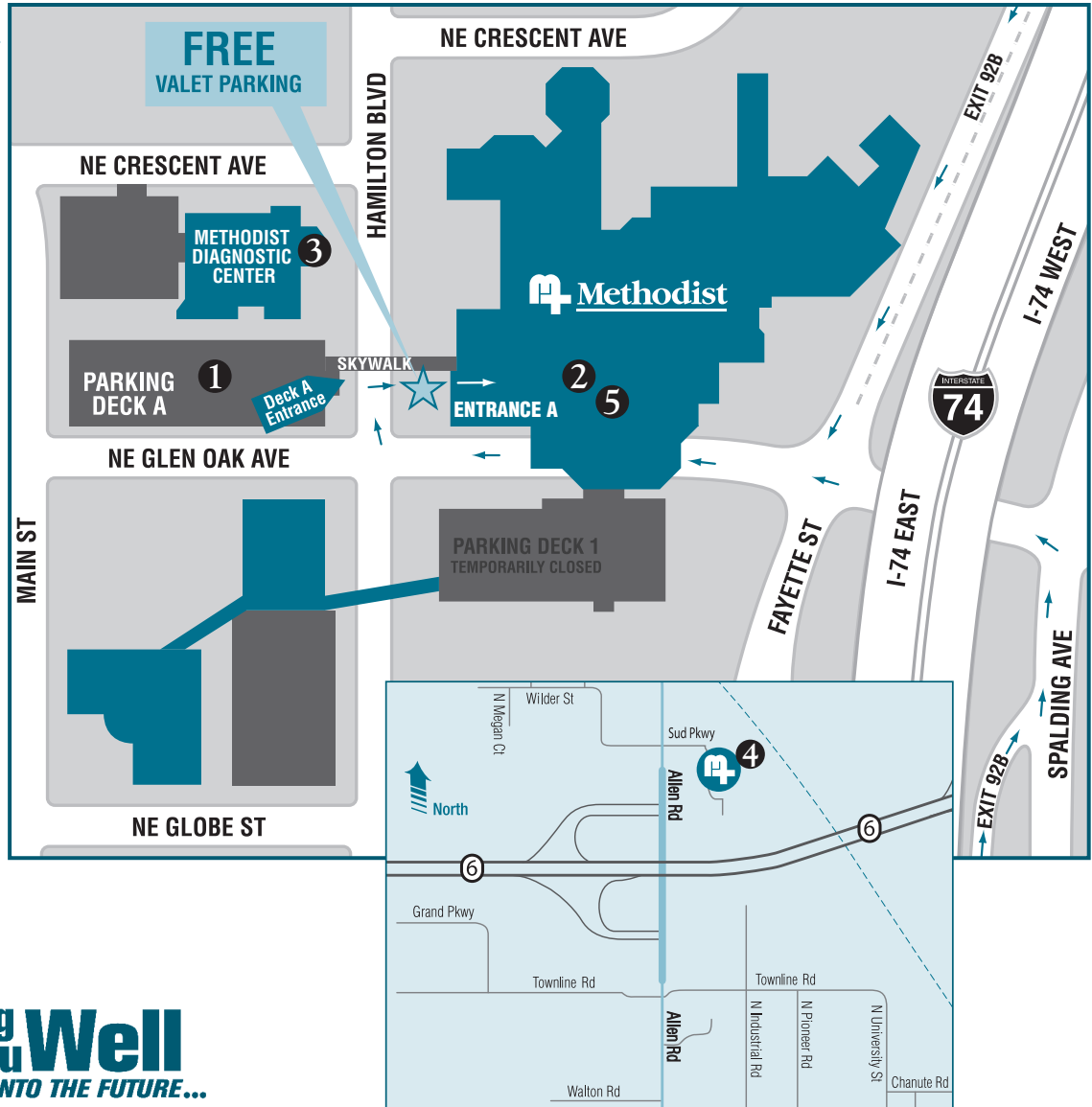
2 Methodist Outpatient Lab—main hospital, 1st floor.

3 MDC (Methodist Diagnostic Center)

4 Methodist North at Allen Road

DAY OF SURGERY

Use Entrance A. Follow the main hall to the Southwest Elevators 5. Go to the 2nd floor and follow the signs to SurgiCare Registration.



Taking You Well
INTO THE FUTURE...



Save time! You can pre-register at www.MyMethodist.net. Click on "Pre-register for my visit."