



Your SurgiCare Schedule

Save time! You can pre-register at www.MyMethodist.net.

Click on "Pre-register for my visit."



For _____ (Patient's Name) From _____ (Physician's Name)

Day of Pre-Surgery Testing:

Your pre-testing is scheduled for _____ on _____ at _____.

Methodist 1st Floor Outpatient Laboratory Methodist Diagnostic Center

****Before pre-surgery testing: Call 1 (309) 671-5113 / Toll Free 1 (888) 728-8370 to pre-register.**

Do not eat or drink anything, except water, for 4 hours prior to testing (coffee, juice and muffins are available after your tests are completed.) You may take your medications as scheduled, except insulin if you are a diabetes patient. Please ask your doctor about the use of insulin on your testing day. Bring a complete list of your medications and allergies with you when you come to your testing.

Pre-Surgery Testing Locations	<ul style="list-style-type: none"> •Methodist Outpatient Lab: M–F, 6 a.m.–3:30 p.m. & Sat., 8:00 a.m.–2:00 p.m. •DRC (Diagnostic Center): M–F, 3:30 p.m.–5:00 p.m.
--------------------------------------	--

If your testing (blood drawn, urine specimen, chest x-ray or EKG) is done at a location other than Methodist, please arrange with your doctor to have the results faxed to SurgiCare at (309) 671-2577 before your scheduled surgery.

A SurgiCare nurse may call you to get your health history, medication history and give you instructions. Please have your list of medications ready.

Day of Surgery:

Your surgery is scheduled for _____ on _____ at _____.

Plan to arrive at SurgiCare on the **2nd floor** of Methodist Medical Center at _____ a.m./p.m.
(see map for directions and parking information)

Anesthesia

- You will have local anesthesia (no sedatives or Anesthesia Department services)
- You will have anesthesia services (sedation, regional, general anesthesia or other Anesthesia Department services)

Special Instructions

For more information, please call 672-5940 between 9:00 a.m. and 5:00 p.m. Monday through Friday.

INFORMATION FOR ADULT & MINOR PATIENTS

Please follow these instructions before your surgery:

- For patients having **Anesthesia Department services**: You will not be permitted to drive yourself home after surgery. The drugs and/or anesthesia you may receive will make it unsafe for you to drive a car, walk home, or use public transportation. **Please arrange for a responsible adult to drive you home following your surgery and remain with you during the first night after surgery.** If you are unable to make arrangements for a responsible adult to be with you, **your surgery may be cancelled.**
- Do not eat or drink anything, including water, gum or mints, after midnight of the night before your surgery, unless you are given different instructions by your surgeon or anesthesiologist.
- No alcoholic beverages 24 hours prior to surgery.
- Do not smoke 12 hours prior to surgery.
- Please bathe or shower the night before or the morning of your surgery.
- Try to get a good night's rest before your surgery.
- No jewelry, makeup or contact lenses should be worn the day of surgery. If you must wear contact lenses, please bring your container and solutions.
- If you use insulin or inhalers, bring them with you to the medical center.
- As a rule, dentures (full or partial) and glasses must be removed prior to surgery. They will be returned to you in the recovery area at the earliest opportunity. Please bring your eyeglass case with you.
- Make sure you bring your insurance identification card both the day of testing and the day of surgery.
- You must bring any Legal Guardian or Power of Attorney papers with you to the medical center. If you have Healthcare Power of Attorney or living will papers, please bring those with you.
- Notify your surgeon if you are on coumadin, aspirin, ibuprofen or blood-thinning products.

Please Note: If there is any change in your physical condition prior to surgery—such as a cold, fever, or infection—notify your surgeon immediately.

GENERAL INFORMATION

Family and Friends

Our family waiting area has vending machines as well as complimentary coffee and tea. The surgical hostess in the waiting room will answer your family's questions and keep them informed of your progress. They may call the surgical hostess at (309) 672-5959.

Your family or responsible adult will be notified when your surgery has ended. The surgeon will meet with them in a private consultation room to explain the surgery and answer their questions.

ADDITIONAL INFORMATION FOR PARENTS

- A parent or legal guardian **must** accompany any child under age 18.
- Try to make sure that your child has a good night's rest.
- Your child may bring a favorite book or toy the day of surgery.
- For infants having surgery, you may wish to bring a bottle of water, juice or formula so that you can feed your child in the recovery room after surgery. Infants may use their pacifiers before the surgery.
- The parent or guardian **must remain in the SurgiCare facility the entire time the child is a SurgiCare patient.**



Children scheduled for outpatient surgery and their parents can attend the Preoperative Children's Tour. Parents, please call (309) 672-4903 for more information.

AFTER YOUR SURGERY

- You must remain in the recovery area until you are reasonably alert and your doctor says you may go home.
- Post-op discomfort may be experienced and will be appropriately addressed.
- For patients having **LOCAL anesthesia only**, your doctor will give you appropriate follow-up care instructions.
- For patients having **sedation, regional, general anesthesia, or other Anesthesia Department services**: **DO NOT** attempt to drive a motor vehicle, operate power tools, or drink alcoholic beverages for at least 24 hours.
- If you have questions or problems, call your doctor or come to the Methodist Emergency Department.

GOING HOME

When it's time for you to go home, we will ask your driver to bring the car to our discharge area in Deck I. You will be taken by wheelchair to the car.

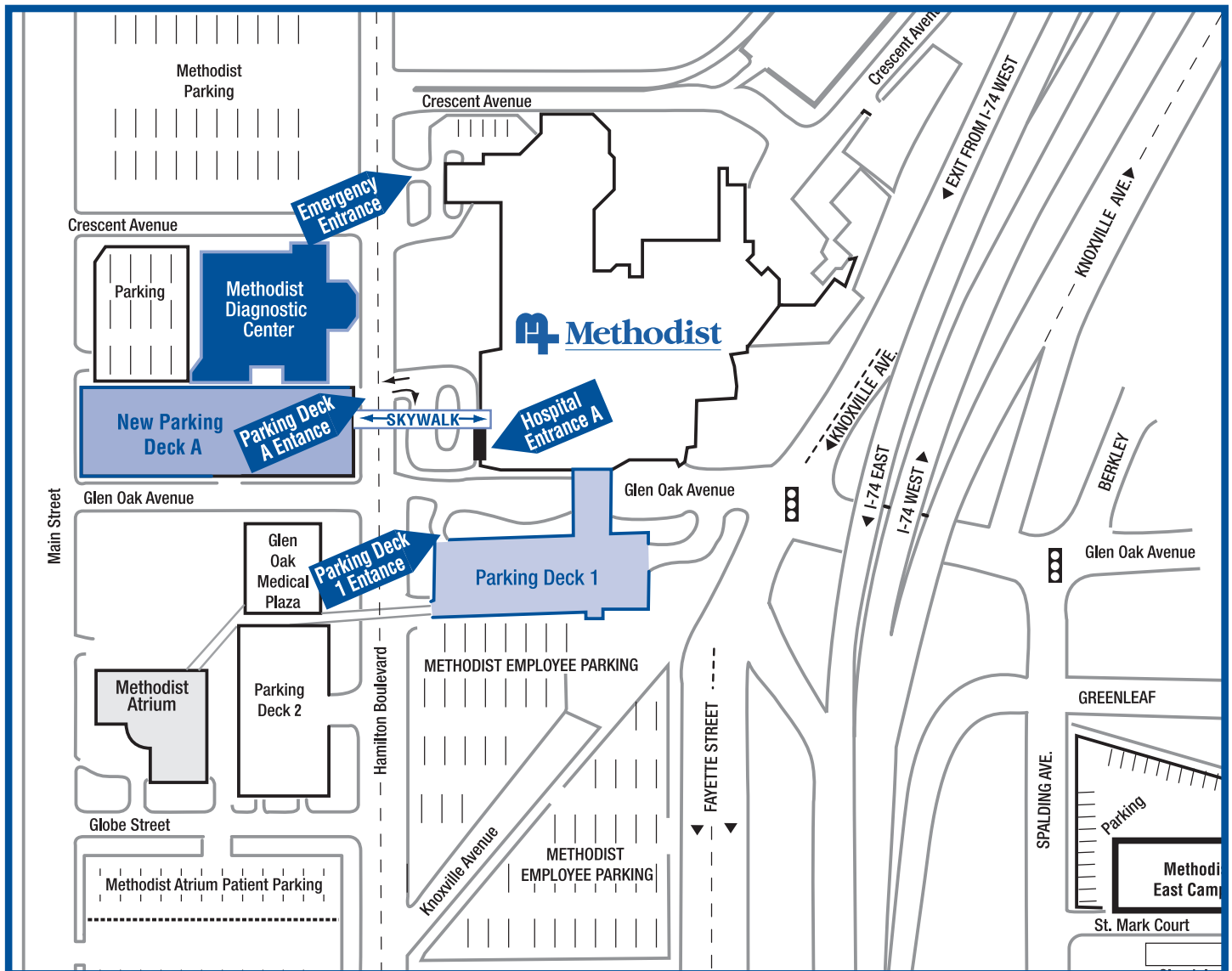
Pre-Surgery Testing at Methodist 1st Floor Outpatient Laboratory

Enter the hospital through the skywalk or a street level to Entrance A. Registration is in the new main lobby.

Day of Surgery- Methodist Medical Center

On the day of your surgery, you should park in Deck 1 which is free for patients and visitors. Enter the Medical Center at Level 2 — SurgiCare registration is immediately inside.

MAP



Save time! You can pre-register at
www.MyMethodist.net.
Click on "Pre-register for my visit."

